

## Your Input

You selected 19 foods to consider for your diet.

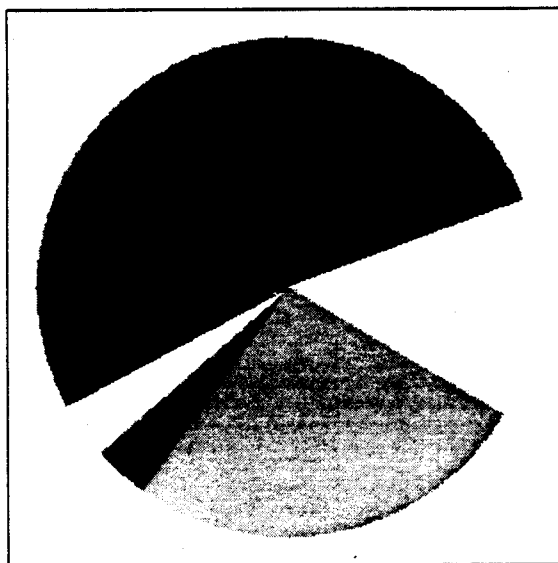
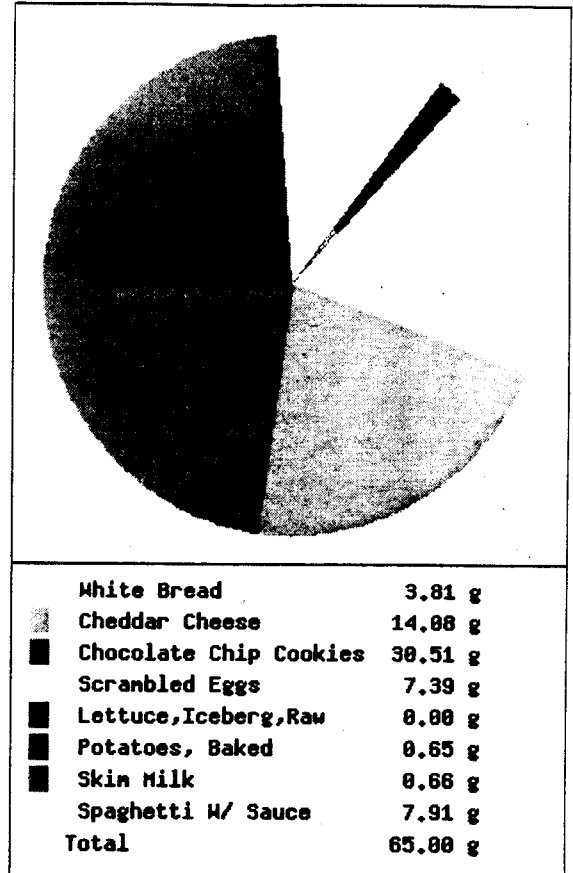
## The Optimized Menu

The cost of this *optimal* diet is \$2.03 per day.

## The Solution and Cost Breakdown by Food

Food	Servings	Cost (\$)
White Bread	3.81	0.23
Cheddar Cheese	1.51	0.38
Chocolate Chip Cookies	6.78	0.20
Scrambled Eggs	1.01	0.11
Lettuce, Iceberg, Raw	10.00	0.20
Potatoes, Baked	3.23	0.19
Skim Milk	1.64	0.21
Spaghetti W/ Sauce	0.64	0.50

## What foods contribute to nutrient 'Total\_Fat'



## What foods contribute to nutrient 'Calcium'

White Bread	99.81 ng
Cheddar Cheese	305.88 ng
Chocolate Chip Cookies	42.03 ng
Scrambled Eggs	43.10 ng
Lettuce, Iceberg, Raw	38.00 ng
Potatoes, Baked	73.40 ng
Skim Milk	496.89 ng
Spaghetti W/ Sauce	51.59 ng
<b>Total</b>	<b>1150.71 ng</b>